

St. Paul Lutheran School

Extracurricular



Activities Handbook

2021-2022

This handbook applies to all extracurricular activities offered at St. Paul. These may include Athletics, Forensics, Music, Robotics, Poms or additional programs as they develop.

701 Washington St. Grafton, WI 53024
(262) 377-4659

St. Paul Extracurricular Handbook

ATHLETICS: Jeremy Kell, Athletic Director *jeremy.kell@splgrafton.org*

Philosophy

The athletic program at St. Paul Lutheran School is based on the philosophy of the school, primarily to make disciples who are responsible, believing, committed followers for Jesus. This philosophy necessitates a Godly character, which we believe St. Paul's athletic program helps develop in each athlete. The opportunity for developing Godly character readily presents itself in the arena of sports competition where the athlete is expected to be responsible, self-disciplined, a cooperative team member, and a good decision maker. Therefore, athletics at St. Paul Lutheran School is considered to be an integral part of a student's education.

We believe our commitment to excellence as Christians is commanded by scripture. We are to be wise stewards of the talents God has given us and to be men and women of excellence. Therefore, our athletic program strives to be the best it can be. In turn, we believe our athletes should strive to do their best when competing. Becoming the best among other competitors may not always be an achievable goal, but doing "your best" is our goal.

Extracurricular Sports Offered

(Sports offered may vary depending on availability of coaches and athlete numbers.)

<u>Fall</u>	<u>Winter</u>	<u>Spring</u>
<ul style="list-style-type: none">● Girls Volleyball● Co-ed Soccer● Co-ed Cross Country●	<ul style="list-style-type: none">● Girls' Basketball● Boys' Basketball● Archery● Poms/Dance	<ul style="list-style-type: none">● Co-ed softball● Co-ed track● Boys' Volleyball

FORENSICS: Michelle Pingel, Forensics Director *michelle.pingel@splgrafton.org*

Philosophy

Forensics is an extracurricular activity for students interested in drama and public speaking. The purpose is to build self-confidence and enjoyment in oral communication, a critical skill in life! Students can participate individually, but there are also opportunities for small groups to perform. Students present their literature or drama selection at Forensics Meets.

Philosophy

Music is a gift from God—a gift that he commands and exhorts to use to praise him and to teach and encourage each other. “...Addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ.” (Eph. 5:19-20) Music holds the power to connect the intellect with the emotions, often stirring within the human heart the spirit of the words being sung, helping the believer to worship God in spirit and in truth. This mind-spirit connection is powerful to educate & encourage the believer to be faithful to God.

Students will praise and glorify God and teach and encourage each other by developing and practicing musical skills and expression. Critical listening and analysis of various genres of musical expression will help students to appreciate or evaluate the varied cultures, ideas, and worldviews that are so uniquely communicated in music. Appreciation for music will open doors to understand where others come from and offer new styles, theories, and skills to aid them in their own musical expression as they strive to serve God with the gift of music.

Music Program Offerings

Curricular Grades K-4: General Music for all students

 Grades 5-8: General Music for students not in band

Optional, but included in their GPA

 Grade 5: Beginning Band Rehearsal Tuesdays & Thursdays during the school day

 Grades 6-8: Concert Band Rehearsal Tuesdays & Thursdays during the school day

Extracurricular

Grades 1-2: Children’s Choir After school rehearsal once each week on Monday
(Kindergarteners have the option to join for about the last 6 weeks of the year)

Grades 3-4: PraisePower Rehearsal during recess once each week on Monday

Grades 5-8: JuBellate (Handbells) – Monday recess rehearsal

 JiVE (Junior High Vocal Ensemble) –Wednesday recess rehearsal

Grades 6-8: Chapel Singers (Song leaders in chapel- Gr. 6-8 only) – Monday rehearsal

 Jazz Band (Director’s permission needed) – Thursday recess rehearsal

 WSMA Solo & Ensemble Festivals* – rehearsals as necessary

 *optional for individuals involved in Band or JiVE

Solo/Ensemble Festivals through WSMA (Wisconsin School Music Association)

Students are encouraged, but not required to participate in the WSMA solo/ensemble festival in the last half of February. This is a chance for individuals to focus on their own skills and how to work with a small group.

Student success requires a commitment of extra time for practice individually and also with a teacher. To encourage excellence and narrow their focus, the teachers strongly recommend that students register for only 1 or 2 festival entries. If you have concerns, please discuss with the appropriate music teacher before preparing the festival music. If priority needs to be established for special time requests on festival day, priority will be according to band students involved in 1)other school events 2)years of band participation 3)other outside activities.

ALL EXTRACURRICULAR PROGRAMS

Goals

- To glorify Jesus in all that is done in their lives.
- To provide guidance as each student searches to realize and use their God-given talents.
- To teach the student how to prepare & practice as they work to improve their skills.
- To provide an additional avenue for school spirit and camaraderie.
- To develop an understanding of the concepts, techniques, and guiding principles of the activity that will encourage a lifelong enjoyment.

Responsibility of the Parents

Parents/guardians strongly influence their children's attitude toward and participation in extracurricular activities. Therefore, I/we will:

- We encourage all parents/guardians to attend as many activities as possible. Your support is important to your child as well as everyone involved in the entire program.
- Honorable behavior & attitudes are required of not only the players but the observers as well. We ask that you be as supportive as possible and not critical.
- Please be prompt when picking up your child after practice or events or notify us if you are going to be late for some reason. Our leaders/coaches are required to stay with your child until they have been picked up.
- Pray for the program continually, as adult leaders try to mold our students into young Christian adults.
- Stress the academics as well as the activity.
- Please inform leaders/coaches of missed practices, illness, injuries, or personal concerns. We're very willing to sit down and talk with you one-on-one.
- Volunteering to help at requested activities is needed throughout the season. In athletics our equipment, officials, and tournament fees are supplied by profits made from the tournaments and games. In other areas, volunteers are the only way to make events happen.
- If you want to discuss a concern with a leader, please make sure it is done in an appropriate place and time (within 24 hours after the situation, if possible). The staff will be very happy to sit down and talk with you. Please conduct it in privacy and not in the middle of the hallway or in passing after a game or practice or worship.

Code of Ethics and Conduct for Student Participants

- Respect yourself, fellow players, coaches, parents, faculty and officials.
- Mental preparation is just as important as talent. When you enter the practice, it's time to focus only on your task at hand.
- Extracurricular activities are a privilege, not a right. Treat it with thankfulness.
- Academics must come first. You go to school to be educated, not to do the extras.
- Students need to support each other and other groups in the program. We first need to respect ourselves before we expect other schools to show us any respect. We are all part of the body of Christ and strive to act as such.
- First and foremost you represent GOD. You then represent St. Paul, your group, your family, and then yourselves.
- Uniforms/group shirts are your responsibility – There is a replacement cost for lost or stolen uniforms.
- Eligibility rules stipulated in the Extracurricular Handbook are to be followed. Exceptions must be approved by the appropriate director (athletic, music, forensic, etc) and the principal.
- Students must sign a copy of acknowledgment that the Extracurricular Handbook was read and will be followed.
- Students must be present for scheduled practices, games, concerts, worship. Leaders must be notified in advance of an absence.
 - Student athletes should also realize that an unexcused miss will result in forfeiture of playing time at the next game. Exceptions would include sickness, doctor appointment, and family emergency. Attending a club practice or game is considered an unexcused absence.

Transportation

It is the responsibility of the group members to make arrangements for and/or provide their own transportation to all events.

Scheduling

The leaders and program directors will work together in scheduling practices and game times. A printed schedule will be given to each participant. Changes in the schedule are inevitable. Every effort will be made to inform you of changes as early as possible. Schedules may also be available online – check with the leader.

Participation Requirements

- Participation means promoting Christ-like fellowship and sportsmanship at all times.
- Being part of a group means reliably giving your best for others in the group, the leader, yourself, and the Lord.
- No student will participate after the appointed date in a group until their contract is signed & submitted
 - Student athletes must also have a current school or sports physical signed and submitted to the athletic directors by the appointed date.
- Outside participants
 - Interscholastic athletic teams or squads may consist of only St. Paul students.
 - Musical groups may consist of St. Paul students and homeschool students who meet guidelines according to the St. Paul Christian Day School Board Policy.
- Any student that is not in attendance at school related activities by noon for an unexcused absence may not participate in any school sponsored event during that day or evening. (they are still eligible to participate in weekend activities.)
 - Examples of unexcused absences: returning from a family vacation, sickness.
 - Examples of excused absences: funeral, doctor appointments
- Any student who does not participate for any reason in an activity during the day that is related to their extracurricular, may not participate in the related activities on that day.
 - Possible examples: Not participating in music/band/choir means no concert/singing for church that day, or not participating in PE means no sports activities that day
- The student must maintain academic and behavior eligibility as outlined in the St. Paul Extracurricular Handbook.
- Exceptions to any of these guidelines may be made at the discretion of the appropriate program director(s) and/or principal.

And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. Colossians 3:17

Academic Eligibility – for extracurricular activities in Gr. 5-8

- Eligibility will be checked every two weeks. Students will receive a two week warning before losing eligibility status. A warning is constituted by a D+ or lower in a class.
- Final grading period grades will carry over to the beginning of the following school year.
- A minimum of 2.0 grade point average must be maintained for those who wish to participate in St. Paul extracurricular activities.
- An “F” in any subject will render a student ineligible for two weeks when status is reviewed by the teacher, program directors, and principal.
- A student who is determined to have an incomplete in any subject at the end of the trimester will be ineligible until the work is complete and has been recorded by the teacher.
- An in-school suspension will result in the said person being suspended from extracurricular activities for one week when status will be reviewed by the teacher(s), program director(s), and principal.
- An out-of-school suspension will result in the said person being suspended from extracurricular activities for three weeks when status will be reviewed by the teacher(s), the program director(s), and the principal. Four requirements must be met at this time. The student should:
 - Maintain a 2.0 GPA or better
 - Have no failing grades in any subject
 - Have taken all tests and turned in all assignments
 - Not have spent any time in behavioral detention during that three-week period.
- With a second out-of-school suspension the student will forfeit his/her eligibility for the rest of the school year.
- Exceptions will be made by the principal.
- Classes singing in worship, school musicals, plays, & Christmas services are considered activities that all students are expected to be a part of and not optional. Therefore, all are eligible to participate. Exceptions may be made on review by the music director and principal.

THANK YOU

*to parents, grandparents, and friends for partnering
with the many extracurricular activities at St. Paul.*

A program is only as good as the people who are involved.

Your efforts are truly appreciated.

*Your support makes our programs a valuable experience for each child
as they explore & improve their God-given talents.*

To God be the glory!

PARTICIPATION REQUEST FORM

Students (Gr. 5-8 only):

I request permission from St. Paul Lutheran School to participate in extracurricular activities (examples: music, sports, forensics, robotics, etc) for the 2021-2022 school year.

I have read the Extracurricular Handbook published on the St. Paul Lutheran School website and am anxious to grow in mind, body, and spirit, adhering to the academic guidelines and code of ethics and conduct stated. I will remember to keep academics first, activities second. Above all, I will strive to demonstrate a Christ-like example in thought, words & actions while in and out of the spotlight.

Student(s) Signature (ONLY if in Gr. 5-8):

Date _____

Date _____

Date _____

Parents (Gr. K-8):

I request permission from St. Paul Lutheran School for my child to participate in an extracurricular activity(ies) offered for the 2021-2022 school year.

I have read the Extracurricular Handbook published on the St. Paul Lutheran School website and agree with the academic guidelines, responsibilities, and code of ethics stated. I am anxious to help support my child's group and leaders by cheering, driving on occasion, assisting at home events, volunteering my time and talents at tournaments/concerts/meets and communicating with leaders. I will assist my child to establish proper priorities with respect to church, family, peers, study, practice, and performance. Above all, I will support and respect all players, coaches, leaders, program directors, and officials in a Christ-like manner, helping to foster a positive approach to Christian activities whether competitive or not. I will encourage teamwork as we build one another up in the body of Christ.

Parent Signature (Gr. K-8): _____

Date: _____

****In case of emergency please print the names and phone numbers of contact people.****

Name: _____

Phone: _____

Name: _____

Phone: _____

Name: _____

Phone: _____

Whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ.

To him belong glory and dominion forever and ever. Amen. 1 Peter 4:11