



Don't forget
to eat your
vegetables

St. Paul Grafton

Lunch

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily
on the Fruit and Vegetable Bar

May

2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

Bagged Lunches 1
Turkey w/Cheese on Whole Wheat Bread
3/4 Cup Carrots w/Ranch Dressing
1 Fresh Apple
Milk
Mayo, Mustard, Sporks
Napkin

2
Beef Stroganoff w/Dinner Roll or Chicken Patty on a Bun
Hot Mashed Potatoes
Romaine, Green & Red Peppers, Celery Sticks
Fresh Grapes, Diced Pears

3
Homemade Cheese Pizza or Homemade Sausage Pizza

A variety of fruits and vegetables are offered daily on our FV Bar

Breakfast for Lunch 6
Egg Patty w/French Toast Sticks and Syrup or Italian Turkey Sandwich

Romaine, Cherry Tomatoes, Cauliflower, Fresh Apple, Diced Peaches

7
Philly Burger on a Bun or Hot Deli Sandwich
Tater Tots

Romaine, Baby Carrots, Peas, Fresh Orange, Apple Slices

8
Chicken Tacos w/ Salsa or Mini Corn Dogs

HOT Refried Beans
Romaine, Cucumber Slices, Green/Red Pepper Mix, Banana, Frozen Strawberries

9
Meatball Sub or Chicken Patty on a Bun
Hot Wedged Potatoes
WG Rice Krispie Treat
Romaine, Radishes, Celery Sticks, Fresh Apples, Diced Pears

10
Cheesy Italian Flatbread or Pepperoni Flatbread

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13
Chicken Nuggets w/Ranch Sauce w/ Dinner Roll or Roast Beef and Cheddar Sub
Hot French Fries
Romaine, Baby Carrots, Peas, Apples, Chilled Mixed Fruit

14
Pizza Casserole or Chicken Ranch Wrap

Romaine, Cucumber, Cherry Tomatoes, Pineapple Tidbits, Applesauce

15
Beef Nachos w/Melted Cheese or Italian Sub
Refried Beans
Salsa
Romaine, Broccoli, Zucchini, Bananas, Frozen Strawberries

16
Diced Chicken w/Gravy and Mashed Potatoes w/ Dinner Roll or Mozzarella Dippers w/Marinara
Romaine, Green & Red Pepper Mix, Celery Sticks, Fresh Pears, Peaches

17
Homemade Cheese Pizza or Homemade Sausage Pizza

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20
BBQ Rib on a Bun or Popcorn Chicken w/Honey Mustard & Dinner Roll
Hot Tater Tots
Romaine, Cherry Tomatoes, Cauliflower
Fresh Apple, Pineapple Tidbits

21
WG Rotini w/Meatballs w/Garlic Bread or Hot Dog on a Bun

Romaine, Baby Carrots, Peas, Fresh Pears, Diced Peaches

22
Beef Tacos w/Salsa or Hot Turkey Sandwich

HOT Black Beans
Romaine, Cucumber Slices, Green & Red Peppers, Apple Slices, Diced Pears

Breakfast for Lunch 23
Egg Patty w/Pancakes & Syrup or HOT Ham and Cheese Sliders

Romaine, Sliced Radishes, Celery Sticks, Oranges, Pineapple Tidbits

24
1/2 Day NO Lunch

27
Memorial Day

28
Grilled Cheese w/Tomato Soup or Chicken Tender w/Dinner Roll
Peanut Free Brownie
Romaine, Baby Carrots, Peas, Fresh Apples, Diced Peaches

29
Chicken Tacos w/ Salsa or Hot Dogs on a Bun

HOT Refried Beans
Romaine, Cucumber Slices, Green/Red Pepper Mix, Banana, Frozen Strawberries

30

31

Prices

Contacts

Got Milk?

If you have questions or comments, please call Chef Brian at 414-442-5854.

