



Don't forget  
to eat your  
vegetables

# Saint Paul Grafton Lunch

September  
2019

## MONDAY

LABOR DAY

2

NO SCHOOL

## TUESDAY

HOM Feature - Tomato

3

Bacon Cheeseburger or  
Spicy Chicken Sandwich  
Dill Wedge Fries  
Baked Beans  
Salad, Cucumbers  
Cherry Tomatoes  
Canned Mixed Fruit  
Fresh Oranges

## WEDNESDAY

HOM Feature - Tomato

4

BBQ Chicken Legs or  
Chicken Cordon Bleu  
Mashed Potatoes  
Salad  
Broccoli  
Radishes  
Canned Mandarins  
Fresh Bananas

## THURSDAY

HOM Feature - Tomato

5

Chicken Tenders or  
Corn Dog on a Stick  
Mac & Cheese  
Salad  
Red Pepper  
Celery  
Canned Pineapple  
Fresh Frozen Berries

## FRIDAY

HOM Feature - Tomato

6

Cheese Pizza  
or  
Pepperoni Pizza  
Fresh Fruit and Veggie Bar

HOM Feature - Tomato

9

Fish Patty on a Bun or  
Ham & Pepperoni Melt  
Parmesan Pasta  
Salad  
Cherry Tomatoes  
Cauliflower  
Canned Peaches  
Fresh Apples

HOM Feature - Tomato

10

Beefy Nachos or  
Cheesy Quesadilla  
Refried Beans  
Salad  
Carrots  
Peas  
Canned Mixed Fruit  
Fresh Oranges

HOM Feature - Tomato

11

Popcorn Chicken Bowl  
or Yogurt Pack  
Salad  
Broccoli  
Zucchini  
Canned Mandarins  
Fresh Bananas

HOM Feature - Tomato

12

Frank in a Blanket or  
Meatball Sub  
Waffle Fries  
Salad  
Red Pepper  
Cucumbers  
Canned Applesauce  
Fresh Grapes

SCOOBY DOO DAY!

13

Cheese Pizza  
or  
Meat Lover's Pizza  
SCOOBY SNACKS  
Fresh Fruit and Veggie Bar

HOM Feature - Tomato

16

Chicken Alfredo with Pasta  
or Mock Chicken Legs with  
Mashed Potatoes/Gravy  
Breadstick Salad  
Carrots  
Peas  
Canned Peaches  
Fresh Apples

HOM Feature - Tomato

17

Breakfast for Lunch  
or Hot Dog on a Bun with  
Chips and Baked Beans  
Salad  
Cucumbers  
Cherry Tomatoes  
Canned Mixed Fruit  
Fresh Oranges

Harvest of the Month

18

Chicken Patty on a Bun  
with Curly Fries or  
Chili with Cornbread  
Salad  
Broccoli  
JALAPENO PEPPER  
Canned Mandarins  
NECTARINE

BAG LUNCH DAY

19

Turkey or PBJ Sandwich  
Chips, Rice Krispy Treat,  
Carrots with Ranch Dip  
Salad  
Red Pepper  
Jicama  
Canned Pears  
Fresh Kiwi

HOM Feature - Tomato

20

Cheese Pizza  
or  
Sausage Pizza  
Fresh Fruit and Veggie Bar

HOM Feature - Tomato

23

Taco Salad & Black Beans  
or Cheesebread with  
Marinara Sauce  
Salad  
Cherry Tomatoes  
Cauliflower  
Canned Peaches  
Fresh Apples

HOM Feature - Tomato

24

Crispy Chicken Wrap or  
Hamburger on a Bun  
Ranch Wedge Fries  
Salad  
Carrots  
Peas  
Canned Mixed Fruit  
Fresh Oranges

HOM Feature - Tomato

25

Salisbury Steak with  
Mashed Potatoes/Gravy  
or Maxx Sticks with Smiley  
Fries Salad  
Broccoli  
Yellow Squash  
Canned Mandarins  
Fresh Bananas

HOM Feature - Tomato

26

Italian Sub or  
Pulled Pork Sandwich  
Coleslaw  
Salad  
Red Pepper  
Cucumbers  
Canned Sliced Apples  
Fresh Pears

HOM Feature - Tomato

27

Cheese Pizza Bagels  
or  
Pepperoni Pizza Bagels  
Fresh Fruit and Veggie Bar

HOM Feature - Tomato

30

Diced Chicken & Gravy  
with Mashed Potatoes or  
Beef Ravioli/Meat Sauce  
Bread stick  
Salad, Carrots  
Peas  
Canned Peaches  
Fresh Apples

DC-5th \$3.30  
6-8 \$3.45  
Milk \$0.45

